



# 2026 Wenona Swim Club Mini Meet

## Sunday 9th August

### Session 1

Warmup 7:00am to 7:30am | Start 7:40am

Event	Age Group	Event	QT
1	Mixed 12&O	1500 Freestyle *	22:00
2	Mixed 12&O	800 Freestyle *	13:00
3	Mixed 12&O	400 IM	7:30

\*Swimmers are required to provide a lap counter

### Session 2

40 Minute Break Before Event 4

Event	Age Group	Event	QT
4	Mixed	50 Backstroke	No QT
5	Mixed	100 Freestyle	No QT
6	Mixed	50 Breaststroke	No QT
7	Mixed	100 Butterfly	No QT
8	Mixed	100 IM	No QT
9	Mixed	50 Freestyle	No QT
10	Mixed	100 Breaststroke	No QT
11	Mixed	50 Butterfly	No QT
12	Mixed	100 Backstroke	No QT

### Session 3

30 Minute break before Event 14

Event	Age Group	Event	QT
13	Mixed 10&O	200 Freestyle	No QT
14	Mixed 10&O	200 Breaststroke	No QT
15	Mixed 10&O	200 Backstroke	No QT
16	Mixed 10&O	200 Butterfly	No QT
17	Mixed 10&O	200 IM	No QT
18	Mixed 12&O	400 Freestyle	6:30

### Entries

- Entry open to all affiliated members of Swimming NSW via Swim Central \$11.50 per event (incl SNSW meet levy).
- Age is of 9 August 2026.
- Entries Close 7:00pm, 4 August 2026 (or earlier, if maximum entries reached).
- Refunds are not available for meet entries.

### Rules

- All events are timed finals, mixed gender, and will be run fastest to slowest.
- SNSW approved meet under SNSW Ltd rules.
- Entries accepted from primary members and invited clubs only.
- Only swimmers, coaches, technical officials, and timekeepers are permitted on pool deck.
- Swimmer entries are accepted on the basis that a parent or guardian time keeps, officiates, or assists as required to run the meet.
- Backstroke ledges may be used at this meet.
- SAL rules apply for Multi Class (MC) swimmers.
- Participating Clubs will be asked to assist with timekeeping and other duties.
- Results will be uploaded to Swim Central.

### Important Information

- Free parking on weekends in the Ridge Street carpark, and on Elliott Street.
- BBQ & Cake Stall available for the duration of the event for all competitors and families on the day.
- Entry to the aquatic centre is via Elliott Street, North Sydney.
- Only Swimmers, Coaches and Technical officials are allowed on pool deck during the entirety of the meet.
- Program pool (15 x 12m) is available for warm up and swim down throughout the program.
- We reserve the right to vary the program, if required.